



PRS COLLEGE OF NURSING

THIRUVANANTHAPURAM



In the midst of the academic endeavors especially in the new semester-based curriculum and its hectic schedule, I am so happy to see the excitement of our students and commitment of the guiding faculty in the release of News letter of our College. I appreciate our faculty for their dedication to provide a dynamic and relevant curriculum that prepares our students for the evolving challenges in the healthcare focusing to global prospective. Congratulations to the academically excelled students and those who have proven their worth in career through their placements in varying job positions in India and abroad. Beyond the classroom, our students have actively participated in various extracurricular activities, showcasing their talents from sports competitions to cultural events. Timely release of our college magazine is another feather added to cap of extracurricular events. Our active NSS Unit's activities to contribute to the social reforms and community health truly need appreciation. As you go through the pages, glimpses of these events can be seen. I would like to appreciate and admire all my faculty, non-teaching staff, and students for their strenuous effort in conducting these activities with commitment.

I encourage everyone to maintain the momentum and enthusiasm of journey of excellence. Together, we are contributing to the future of healthcare, through quality education to the Nursing students who are committed and shouldered the responsibility of health care to all

Warm regards

Prof. Dr. Bhasura Chandrachood
Principal, PRS College of Nursing

World Leprosy Day



As a part of World Leprosy Day 2024, IIIrd Semester BSc(N) students organised health awareness programs at General Hospital. The program was started at 11 am with a flashmob followed by awareness classes on irradiation and preventive measures associated with theme for the year (2024) was : "Beat Leprosy". After the awareness program Health Supervisor of the arranged a discussion session on leprosy by 12.30pm and it was a very informative session. Health workers , staff nurses and students were the participants and the program winded up by 2.30pm.

World Health Day

World Health Day was celebrated on April 7, 2024 and the theme was "My Health my Right". As we all know, health is defined as a state of complete mental, social and physical and not just merely absence of disease or infirmity". To perceive the theme, SNA unit of PRS College of Nursing held a program (IVth year BSc Nursing) on April 4, 2024. The program was led by Adhya Nair as MC and it with began a few heartfelt words by Ms Roshna V , the SNA Chairperson. The theme presentation was done by Ms Devika S, and was really interesting and knowledgeable. After ward the skit was performed by the students. The program wrapped up with vote of thanks by Ms. Rafsha.S

World Cancer Day



World Cancer Day was observed on 4th Feb 2024 and the theme of the year was "Close the Care Gap". The students of IVth year BSc (N) performed a flashmob as part of the campaign that was organised by KARKINOS department of PRS Hospital. After flashmob, an awareness, teaching session was conducted covering all the aspects of Cancer diseases. The Programme was conducted, at Mall of Travancore. The public actively participated in the session and their doubts were cleared during the session. The programme ended at 7 pm.

World Kidney Day

As we all know, World Kidney Day is observed on second Thursday in the month of March every year. In 2024, on March 14th, IIIrd semester students conducted awareness programme at PRS Hospital. The main aim of this programme was to raise awareness about kidney diseases, the treatment and the way to prevent it. The third semester students along with faculty members conducted the programme. The theme of the year conveyed that "Kidney Health for All "Advancing Equitable Access to Care and Optimal Indication Practice. This theme aimed to raise awareness of the importance of equitable in Kidney disease, treatment and encourage collective efforts to improve access to appropriate treatment for the one affected by kidney disease. Based on this roleplay and a health education programme of various departments of the Hospital like Nephrology, Cardiac OPD and hospital Reception. We also issued pamphlet containing prevention of Kidney disease and healthy measures to be taken. While organising this programme, people got adequate information regarding Kidney related diseases, clinical manifestations, diagnostic and treatment. Role play was based on the functions of Kidney and the ways to protect our kidney from any damage.

World TB Day Celebration Summary



On 25 March 2024, World TB Day was celebrated at General Hospital, Thiruvananthapuram with the theme "Yes, We Can End TB." The event began with a rally flagged off by Dr. Reena K. J and featured a flash mob by PRS College of Nursing students, followed by various programs from other colleges. The function was inaugurated by Dr. Thomas Mathew and included awareness sessions by Dr. Aparna Mohan and Dr. Krishna D. S., covering TB diagnosis, treatment, and prevention. The 1st-year BSc Nursing students from PRS College of Nursing actively participated in a mime performance, flash mob, and a magic show by Mr. Manu Poojappura. The event concluded with Dr. Rajaratra Kizhakkandiylil awarding PRS College of Nursing a memento for their contribution. The celebration was a successful and memorable event.



WORLD ENVIRONMENT DAY




All over the world, ecosystems are threatened. From forests and drylands to farmlands and lakes, natural spaces on which humanity's existence depends are reaching a tipping point. Land restoration is a key pillar of the UN Decade on Ecosystem Restoration (2021-2030), a rallying call for the protection and revival of ecosystems all around the world, which is critical to achieve the Sustainable Development goals. This year, World Environment Day 2024 focuses on land restoration, halting desertification, and building drought resilience under the slogan "Our Land. Our Future. We are "Generation Restoration." We cannot turn back time, but we can grow forests, revive water sources, and bring back soils. As a part of World Environmental Day observance, the NSS volunteers along with SNA conducted health education related to environmental sanitation and distributed various plant seeds to the community. The programme was a great success, and the students and the public got awareness regarding the importance of World Environment Day.

World Blood Donation Day



On World Blood Donor Day, celebrated on 14 June 2024, WHO, its partners, and communities across the world united behind the theme: "20 years of celebrating giving: THANK YOU, BLOOD DONORS", as it is an excellent and timely opportunity to thank blood donors across the world for their life-saving donations over the years and honour the profound impact on both patients and donors. It was also a timely moment to address the continued challenges and accelerate progress towards a future where safe blood transfusion is universally accessible.

World Blood Donation Day, celebrated annually on 14 June, is a worldwide celebration to honour and thank those people who donate their blood voluntarily and unpaid to give others the gift of life. It is celebrated on the birth anniversary of Karl

Landsteiner, who discovered the ABO blood group system.

In our college, we observed the blood donation day from 12th June 2024 to 26th June 2024 as a part of the SNA blood donation campaign. 23 students registered for blood donation, and from them, 13 students donated blood to PRS Hospital Blood Bank. Each student got a certificate of blood donation, and the college collectively received a certificate from the Police Pol-Blood of Kerala Police.



Closing the Gap: Breast feeding Support for All

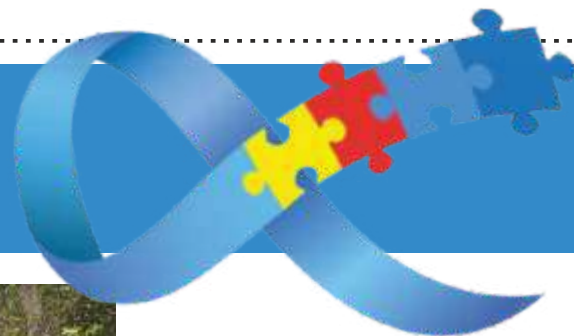


The PRS College of Nursing (4th Year BSc Nursing) actively observed World Breastfeeding Week (August 1-7, 2024) under the theme "Closing the Gap: Breastfeeding Support for All." The objective was to raise awareness and provide support to mothers regarding breastfeeding. The event commenced with a focused group discussion at W&C Hospital, Thycaud, involving postnatal mothers, family members, and healthcare staff. A poster competition followed, encouraging

student creativity on the theme. Health education sessions were conducted at PRS Hospital OPDs and the pediatric ward, addressing breastfeeding benefits, techniques, and challenges. A videography session highlighted the importance of breastfeeding, followed by engaging public performances such as a flash mob in Perumkadavila and Marayamattom and a mime act at Mandapathinkadavu and Ottasekaramangalam. The week concluded with a theme presentation at PRS

College of Nursing Auditorium, featuring a keynote speech by the Principal, student presentations, and a video depicting breastfeeding during the Wayanad landslide. A compelling mono act by Ms. Gowri P. Sivan illustrated the struggles of mothers lacking breastfeeding awareness. The week-long celebration was interactive, informative, and well-participated, successfully promoting the significance of breastfeeding support.

Autism Program



On 2nd April, PRS Hospital organised an Autism program on behalf of Autism Day in Napier Museum along with 3rd year BSc Nursing students. The event provided us the opportunity to conduct the program on behalf of the institution. The role-play revolved around the family with an autistic child the difficulties, the later acceptance by father. It revolves around the central theme "love" that creeps beyond difficulties and disabilities. The role play was succeeded by flashmob and an awareness class by Dr Preetha P Nair, Consultant Psychologist of PRS Hospital. The program got an excellent feedback from the public.

INZIOREE 2K24 The College Day

The inaugural function of INZIOREE 2K24 was a grand and memorable event, hosted by Mahima Susan Jacob and Devika S., IV-year BSc Nursing students, who warmly welcomed esteemed guests, faculty, and students. The event began with an invocation ceremony led by the College Choir, followed by a welcome speech by Mr. Aadithya A. S., the College Union Vice-Chairperson, Shri R. Murugan, Chairman of the institution, delivered the presidential address, highlighting the institution's commitment to excellence. The occasion was further enriched by the presence of Dr. D. Sudheer, Senior Registrar of Critical Care Medicine, who shared valuable insights, and Mrs. Priya Balan, Director of PRS Hospital and CEO of Kalyan Group of Schools, who inspired students with her words. A key highlight was the unveiling of MERAKI 2024, the college magazine, celebrating the creativity and dedication of students. Later on there was a musical show performed by Shri B. Murali Krishna and along with that there were various forms and vibrant displays of cultural programmes performed by the talented students of PRS College of Nursing. The event concluded with the National Anthem, followed by cultural performances, marking the beginning of an exciting and enriching journey ahead for all participants.



The Graduation Ceremony

The Graduation Ceremony of PRS College of Nursing was conducted with great enthusiasm, marking a significant milestone for the graduating students. The event commenced with a Procession of Students, followed by an Invocation by the College Choir and the Lighting of the Lamp, symbolizing wisdom and enlightenment. Then the University Anthem was played, ingrain a sense of pride among attendees.



The Welcome Address was delivered by Prof. (Dr.) Bhasura Chandrachood, Principal of PRS College of Nursing, followed by the Presidential Address by Shri R. Murugan, Chairman & Managing Director of PRS Hospital and Chairman of KREF. Dr. Iqbal V. M., Dean (Student Affairs), KUHS, officially declared the opening of the Graduation Ceremony and addressed the graduates, emphasizing the responsibilities that come with their profession. Certificates were awarded, followed by the Code of Ethics and the Graduation Oath, reinforcing the values of the nursing profession. The ceremony also honored students with Academic Excellence Awards and a Felicitation session, recognizing their hard work and dedication. A nostalgic reminiscence segment allowed students to reflect on their journey. The event concluded with the Declaration of Closing by Dr. Iqbal V. M., followed by the Vote of Thanks delivered by Mrs. Sindhu R., Vice Principal of PRS College of Nursing, and the National Anthem, marking the end of a memorable occasion.

The Lamp Lighting Ceremony

The Lamp Lighting Ceremony of the 13th batch of PRS College of Nursing was a solemn and inspiring event, marking the initiation of novice nurses into the profession. The ceremony began with a prayer by the College Choir, followed by a Welcome Address by Prof. Dr. Basura Chandrachood and a presidential address by Shri R. Murugan, emphasizing the significance of nursing. The highlight of the event was the Lighting of the Lamp, symbolizing the transfer of knowledge and responsibility, conducted by Principal Prof. Dr. Basura Chandrachood, Vice Principal Mrs. Sindhu R, Rtd Captain Rosamma Moncy Chacko, and Dr. Geetha, Nephrologist of PRS Hospital. The ceremony concluded with a renewed commitment by the students to uphold the values of care, compassion, and excellence in their nursing journey.

